



High Commission of India, Nicosia invites

6th International Day of Yoga Celebrations “VIRTUAL YOGA FESTIVAL”

Virtual Yoga session for Children- 15th June 2020, Monday, 1800 hrs

Virtual Yoga session for Health-care workers- 16th June 2020, Tuesday, 1800 hrs

Virtual Yoga session for Police Personnel-17th June 2020, Wednesday, 1800 hrs

Virtual Corporate Yoga session - 18th June 2020, Thursday, 1800 hrs

Virtual Session on Yoga Philosophy, Diet and Lifestyle- 19th June 2020, Friday, 1800 hrs

Virtual International Day of Yoga Celebrations

"Common Yoga Protocol" 21st June 2020, Sunday, 1100 hrs

Virtual Workplace Yoga (on chair) session - 22nd June 2020, Monday, 1800 hrs

Sessions live on [https:// www.facebook.com/IndiainCyprus /live/](https://www.facebook.com/IndiainCyprus/live/)

FREE OPEN SESSIONS